PSHE rolling programme

Covering AQA Unit Award Scheme

3.3

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| Cycle 1  2019/20 | Participating in group discussion  93420  Developing an awareness of self  111043 | Emotional well-being  110231 | Safe personal relationships  & lifestyles  40250  Road safety  105485  (Out and about) | Smoking, drugs and alcohol awareness  110845 | Relationships and sex education  111059  (Links to Science topic; Body systems) | Personal care and hygiene  111466  (Links to Science topic; Keeping fit and healthy) |
| Cycle 2  2020/21 | The nature of friendships  111640 | Personal well -being  (unit 1)  111285 | Relationships, consent and grooming awareness  110843 | Independence and self help  112478 | Acknowledging differences between people  40274 | Introduction to Citizenship  70839 |
| Cycle 3  2021/22 | Emotional wellbeing;  The five ways of wellbeing  105194 | Sex education: Puberty  75474  Sex, Relationships and peer pressure  76942 | Personal safety in our environment  108947 | Awareness of personal qualities and skills  76851 | Investigating risky behaviour  99431 | Coping with changes in feelings and relationships  40291 |

Other important topics of PSHE and Citizenship are covered through other areas of the curriculum being delivered.

E.Brookes 2019