PSHE rolling programme

Covering AQA Unit Award Scheme

3.3

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| --- | --- | --- | --- | --- | --- | --- |
| Cycle 12019/20 | Participating in group discussion93420Developing an awareness of self111043 | Emotional well-being110231 | Safe personal relationships& lifestyles40250Road safety105485(Out and about) | Smoking, drugs and alcohol awareness110845 | Relationships and sex education111059(Links to Science topic; Body systems) | Personal care and hygiene111466(Links to Science topic; Keeping fit and healthy) |
| Cycle 22020/21 | The nature of friendships111640 | Personal well -being (unit 1)111285 | Relationships, consent and grooming awareness110843 | Independence and self help112478 | Acknowledging differences between people40274 | Introduction to Citizenship70839 |
| Cycle 32021/22 | Emotional wellbeing;The five ways of wellbeing105194 | Sex education: Puberty75474Sex, Relationships and peer pressure76942 | Personal safety in our environment108947 | Awareness of personal qualities and skills76851 | Investigating risky behaviour99431 | Coping with changes in feelings and relationships40291 |

Other important topics of PSHE and Citizenship are covered through other areas of the curriculum being delivered.

E.Brookes 2019