

Welcome to Post 16

For Parents

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Post 16 Provision at Rigby Hall

Our Post 16 Department is very much a part of Rigby Hall School, however, it has its own facilities, it's own identity, and is quite different in many ways to ensure the students feel a sense of moving on after finishing in year 11. Post 16 students are encouraged to be a lot more independent and hold greater responsibilities as we help them to prepare for life beyond school.



Much of the curriculum in Post 16 is designed with developing student independence in mind. Many of the activities are Life Skill based and there is a greater emphasis on learning off-site. This helps to broaden students experience of education and to help them to become part of a community where they are able to meet new people and develop the confidence to try new skills as well as helping others.

The range of qualifications and pathways available in Post 16 means that every student can personally challenged by a curriculum paced and adapted to suit them. We pride ourselves on ensuring that every student is seen as an individual and is supported both academically and personally as they strive to meet

A Closer Look at the Curriculum...

Our main aim is to provide our young adults with the skills they need for their future. Each week we hold a range of sessions and activities to develop all aspects of their skills from Functional Maths and English to Health & Well Being and Leisure & Fitness. We understand the importance of ensuring that all of our students leave Post 16 with the skills they need to reach their full potential. We also recognise that many of our students need to regularly revisit skills to ensure they maintain their understanding long term. To ensure that all students make progress we currently offer two main pathways (which are illustrated on page 2.) Pathway 1 (red) is a one year course which is generally aimed at students working at or beyond Entry Level 2/3. Pathway 2 (green) is for students hoping to stay for two years and is suitable for students working at or below Entry Level 2. Students studying on pathway 2 generally need additional support. Both Pathways will provide wide ranging experiences and support and encourage students to plan for their future.



Accreditation and Qualifications

In Post 16 we are currently offer the following courses:

Functional Maths & English -

All students will continue studying Maths and English in ways which will support them into adult life. Key skills will be combined and taught in context and much of our learning is within the community setting for example using money when out shopping and within our café business. Where appropriate some students will continue to study for additional formal qualifications through end of year examinations.

Towards Independence -

Towards Independence provides a framework of activities through which personal, social and independence skills can be developed and accredited for those students who require a highly personalised programme of study. Towards Independence offers formal recognition for small steps of achievement towards a larger goal. Modules can include sensory experiences, introduction to going out in the community and introduction to basic life skills..

Workright -

Workright provides a framework to develop a range of basic transferable employability skills. It encourages students to consider the skills needed in a work setting, such as being punctual and reliable, working with other people and completing tasks safely to the required standard. Students will complete a range of tasks whilst attending their work experience placement, this will ensure the learning is meaningful and given a clear context.

This award can be certified as individual modules or as a gold award for completing all four modules. Level of study comprises of Pre-entry to Entry Level 3

Employability -

Employability is a nationally recognised qualification which provides study and learning alongside a work or work experience placement. There are a number of core and additional modules which can be selected to suit the student, these may include looking at health and safety, customer service, career exploration and overcoming barrier to work.

The modules studied will be combined to reach either an Award (6 credits) or a Certificate (15 credits). This qualification can be studied at a number of levels (Entry Level 2 to Level 2) and will generally be studied by those students who are aiming to gain future employment.

Personal & Social Development -

This qualifications offer imaginative ways of supporting young people in becoming confident individuals who are physically, emotionally and socially healthy. It looks at how to be a responsible citizen who makes a positive contribution to their society. Students will look at how to manage risk and how to ensure their own well being whilst still trying out new activities and personal challenges.

This qualification can be studied at a range of levels (Entry Level 1 up to Level 2) and as an award (6 credits) or a certificate (12 credits).

Duke of Edinburgh—Bronze Award -

This award consists for four sections which allow students the opportunity to broaden and improving their skills whilst developing personal confidence and the skills to work with others. The expedition element encourages independence and gives the opportunity to plan and carry out an adventurous journey.

College Links Courses

Our Post 16 students currently attend Heart of Worcestershire College on Fridays to complete taster courses in a range of subjects as chosen by the student. There are five options available: Hair & Beauty, Construction, Motor Vehicle Maintenance, Sport & Fitness and Catering. Each of the courses provides unit accreditation and therefore students receive a certificate to add to their portfolio in preparation for leaving school.

This opportunity allows students to gain valuable learning experiences in a local college which may help them to decide whether they would like to attend college in the future.



Work Experience Placement

All students are supported in taking on work experience for one day per week whilst in Post 16. This helps the students to explore a number of possible job opportunities for the future as well as help develop a number of work and personal skills.

We have previously had students working in shops, salons, gardens, cafes and nursery placements. The students keep a diary and use their experiences to work towards either the WorkRight or Employability Awards. It also provides additional experiences for potential employers to see.



Rigby Community Café

In January 2017 the students in Post 16 have been running a community café at the local St.Godwald's Church. The café is providing a valuable service both to the community and as business experience for the students. All students have to apply for jobs and attend an interview before working in the café. They also choose from a number of jobs roles including kitchen assistant, serving, cashier and manager. The students complete all aspects of the job themselves including how to run the business. They also support a local charity with some of the profits.



Preparing for Post 16

To prepare for Post 16 there are lots of things you can do to help support your young person:

- Encourage them to gather together the items on the kit list below as they will need them this year..
- Support them to apply for a Worcestershire bus pass to ensure you do not incur travel costs when learning how to travel on local buses.
- Support them to becoming increasingly independent at home and when out in the community, even small steps can develop their confidence and personal skills.
- Agree on small targets to work towards together that are suitable, for example, using money to pay for shopping or beginning to help cook for the family.
- Begin to have conversations about the future, what would they like to do after school, where would they like to live in the future. Talking about things in a relaxed way can really help, we are here to help as well, along with Tom George our careers advisor.
- Visit some college placements or training providers to have a clear idea of what choices are available.



Kit List for Post 16

- **Smart Clothing — no jeans to be worn please.**
- **PE/Fitness Clothing Including trainers**
- **A small rucksack –two shoulder straps.**
- **Old Clothing for working outdoors (overalls and boots will be provided)**

Next Steps

We understand that moving on can be daunting for some young people and their families. We are here to support you both moving into Post 16 and onto the next steps of life beyond school. If you would like to meet with us to discuss anything further please do not hesitate to contact us. We look forward to meeting with you soon.

Rhian Smith & The Post 16 Team.