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14th December 2020,

Dear Parents/ Carers

We have received some information regarding changes in the self-isolation period which we would like to share with you. Please see the table below for previous return dates and the new ones from the 14<sup>th</sup> December should you be isolating.

**New Self-Isolation Period Announcement for COVID-19**

Public Health is writing to inform you of a change in the self-isolation rules. This was announced on Friday 11 December 2020 in a statement from the UK Chief Medical Officers stating the period has changed from 14 days to 10 days with effect from today (Monday 14<sup>th</sup> December).

On Monday 14 December, the change to the isolation period for contacts will apply to all those who are currently self-isolating including those who commenced self-isolation before Monday.

**Table 1: Translation of old self- isolation periods revised to the new 10 day self-isolation period.**

Date of contact with positive case	Return date to usual activity	
	Original return to school/college/setting date (day 15)	New return to school/college/setting date (day 11)
Mon 30th Nov	14th December	14th December
Tue 1st Dec	15th December	14th December
Wed 2nd Dec	16th December	14th December
Thu 3rd Dec	17th December	14th December
Fri 4th Dec	18th December	14th December
Sat 5th Dec	19th December	15th December
Sun 6th Dec	20th December	16th December
Mon 7th Dec	21st December	17th December
Tue 8th Dec	22nd December	18th December
Wed 9th Dec	23rd December	19th December
Thu 10th Dec	24th December	20th December
Fri 11th Dec	25th December	21st December
Sat 12th Dec	26th December	22nd December
Sun 13 <sup>th</sup> Dec	27th December	23rd December
Mon 14 <sup>th</sup> Dec	New guidance applies	24th December