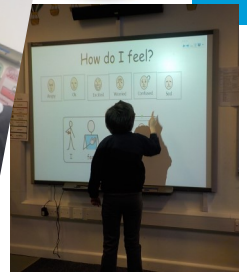
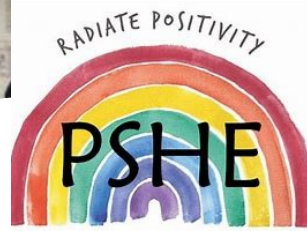


PSHE at Rigby Hall School



Intent

- ◇ To develop self-confidence and raise self-esteem through exploring self awareness , identity and personal strengths.
- ◇ To promote enjoyment of learning and foster a positive attitude to PSHE through practical activities, exploration, discussion and debate.
- ◇ To support pupils in making the right choices and dealing with conflict appropriately.
- ◇ To develop an awareness and understanding of managing feelings and looking after physical and mental health.
- ◇ To develop an awareness and understanding of healthy friendships and relationships.
- ◇ To develop an understanding of how we can keep ourselves and others safe through self care, support and safety in a range of situations eg. online, first aid and road safety.
- ◇ To develop an understanding and importance of healthy lifestyles and how our bodies change and grow.
- ◇ To develop an understanding of the world we live in; taking care of our environment, jobs in the community and preparing for adulthood.
- ◇ To develop and encourage cross curricular links where appropriate that will help pupils appreciate the relevance of PSHE across the curriculum, and in the outside world and local community.

Implementation

- ◇ At Rigby Hall, all children have a Pupil Profile that takes into account all the possible obstacles/barriers/interventions that might be affecting the child's education. This profile is then reviewed on a termly basis against their progress within PSHE and adjusted as necessary. In addition, pupils will be given specific targets around personal development that are not necessarily linked directly to the PSHE curriculum and these may link to EHCP's and annual review targets.
- ◇ At Rigby Hall, accessibility to learning regardless of learning difficulty is key to our practice. From reading support, reinforcement of basic skills, group and peer work to hands-on activities to increase engagement, we try to be as practical as possible in our teaching of PSHE, and where possible look to utilise our outdoor spaces and use of outside agencies and workshops.
- ◇ Communication is an essential part of PSHE and the PSHE curriculum. It is a way of sharing ideas and clarifying understanding. The key to successful communication within the teaching of PSHE is to provide an environment in which students feel comfortable and confident to productively engage in discussion as they develop a greater understanding of themselves. A large part of PSHE is whole class or group discussion with debate and questioning. Communication is an important part of interventions that develop skills such as social skills, expressing and regulating emotions and conflict resolution. Due to discussion being a large part of the PSHE curriculum, each class from key stage 2 upwards has a 'big book' where responses and comments from students are recorded and revisited.
- ◇ As a school we are aware that pupils all have individual needs and abilities and have a variety of different ways of accessing their learning and retaining knowledge. We endeavour to use a range of approaches in our teaching which we hope will maximise all pupil's abilities to learn. We may also use outside professionals to come into school and deliver important messages and engaging workshops around specific areas.
- ◇ Pupil voice is an important part of PSHE at Rigby Hall. We listen to and respect our pupils' voice and contributions, communicating with them through whatever means appropriate. Rigby Hall School is committed to developing the academic and life skills of all its pupils to enable them to lead safe, happy and purposeful lives, contributing economically and socially to society. We hold regular student council meetings with pupils from throughout the school as well as running councils in specific areas such as online safety and PE in order for pupils to have their say on their own education and school life.
- ◇ Peer and self-assessment within PSHE encourages pupils to take greater responsibility for their learning, for example, by reflection of their own performance and that of their peers. Through this, they can learn from previous mistakes, identify their strengths and weaknesses and learn to target their learning accordingly. The PSHE curriculum relies upon confident and open conversation, discussion and debate.

Impact

- ◇ Pupils progress is continuously monitored and levels of attainment will be assessed at intervals throughout each Key Stage using SOLAR.
- ◇ KPIs for each Key Stage and for each pathway ensure our pupils have the necessary skills and knowledge to make progress through PSHE.
- ◇ In Key Stage 4 and 5 pupils will have the opportunity to work towards external qualifications in PSHE at various, appropriate levels and abilities.