

# Physical Education

At Rigby Hall Special School

Valuing Every Achievement



## Intent

- Develop competence to excel in a broad range of physical activities.
- To be physically active for sustained periods of time.
- To engage in competitive sports and activities.
- To lead healthy and active lives.
- To design and provide a curriculum to meet the needs and interests of pupils whilst promoting all children's learning.
- To make sure all pupils are included.
- To allocate curriculum time for PE and sport to best meet the pupil's needs.
- To allocate equipment, resources and space fairly and effectively.
- To reward and celebrate pupils' achievements.
- To monitor and evaluate pupils' progress and the quality of the outcomes they achieve.



## Implementation

All pupils have two hours directed physical education time each week. This could be held in specialist areas, such as the gym, gym pod, MUGA (an outdoor Multi Use Games Area) with built in equipment for various types of sports games, such as football, basketball and tennis, daily mile track, as well as dance and yoga sessions in classes. At Rigby Hall School accessibility to learning regardless of learning difficulty is key to our practice. We have specialist equipment such as noise/sensory balls, our new and exciting Active walls. We also have a rebound trampoline for our complex needs centre to access. The long term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.

In KS1 and KS2 pupils engage in a more skill based approach, learning key and fundamental skills to allow them to participate in team games. In Year 6, pupils will have the opportunity to go swimming throughout the whole year, learning water safety and swimming skills. In KS3 and KS4 pupils engage in focused sports, building upon the skills learnt in Primary. We have lots of educational visits for each key stage, some of which are local community competitions and events. In Post 16, pupils work towards earning their Duke of Edinburgh Award. Students have the opportunity to work towards external qualifications such as a BTEC and Entry levels when they are in year 10 upwards.

Children are provided with symbols and signing to help with their understanding during PE lessons. As PE is a practical subjects, we use photos and videos of pupils learning to assess the subject. In addition to PE lessons, children are encouraged to participate in the varied range of extra-curricular activities., such as lunch time sports clubs which are available each day of the week. We have a sports council to allow pupils to share ideas and suggestions to help improve the subject as much as possible.

## Impact

Pupils progress is continuously monitored and levels of attainment will be assessed at intervals throughout each Key Stage using SOLAR. KPIs for each Key Stage and for each pathway ensure our pupils have the necessary skills to enable them to progress. At Rigby Hall we help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. We equip our children with the necessary skills and a love for sport. They will hopefully utilise the skills and knowledge acquired through PE to grow up to live happy and healthy lives.