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of

THE DUKE OF EDINBURGH'S AWARD

EXPEDITION



VOLUNTEERING



PHYSICAL



SKILL





The DofE is a national recognised award that boosts employability and self confidence.

The DofE story

DofE was created in 1956 by The Duke of Edinburgh.

It is a flexible programme that helps to develop young people for life and work, the numbers speak for themselves:

93% of participants feel that DofE has helped them to work in a team

84% feel that they have become a more responsible person.



- The DofE has a positive impact on young people's lives, in terms of their personal development and employability, and on wider society, from charities gaining active and engaged volunteers to businesses hiring work-ready recruits.
- Demand remains high. With increasing numbers of young people wanting to take part in the world's leading youth achievement award, it's our ambition to give another two million 14 to 24-year-olds in the UK this life-changing opportunity by 2020.
- Thanks to our fantastic team of employees and volunteers and the generous donations made by our supporters, we look forward to doing just that.



- The DofE is all about going the extra mile – gaining new skills, pushing yourself physically, helping others and exploring new territories. At the same time, you'll gather friendships, experiences and memories that will last a lifetime.
- It doesn't matter who you are or where you're from, as long as you're 14 to 24, you can choose the activities that motivate you and go on your own personal journey. We know from other participants that the DofE helps you stand out from the crowd when you apply for college, university or jobs.



**YOUTH
WITHOUT
LIMITS**

**START
YOUR BRONZE
DOFE**

What is the DofE?

The DofE is a life-changing adventure.

You make it: The DofE is as unique as you are

Millions of young people in the UK have already done their DofE.

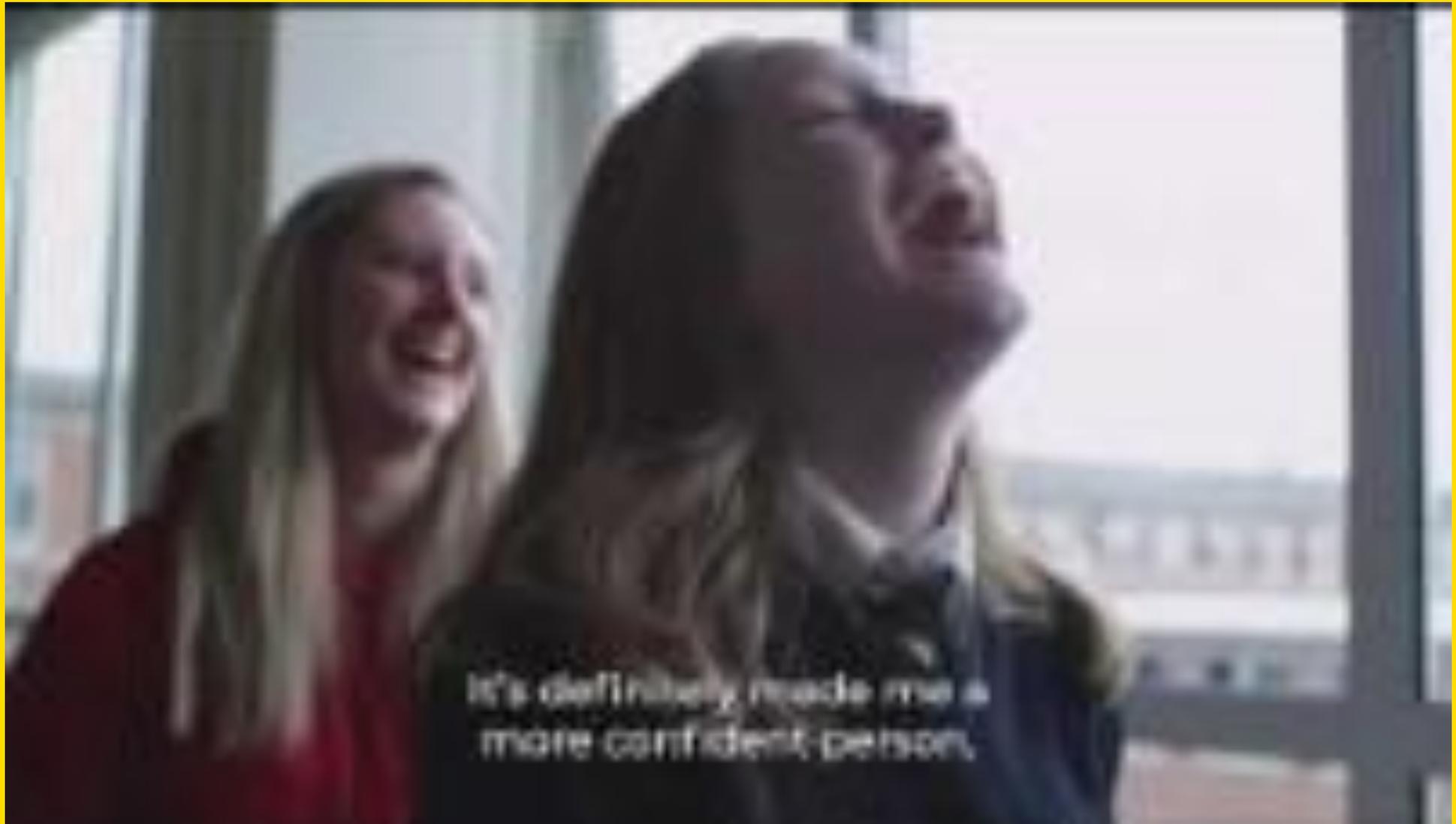
Now it's your turn.



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Introducing the DofE



It's definitely made me a
more confident person.

What will I do?

BRONZE AWARD

VOLUNTEERING

3

months

PHYSICAL

3

months

SKILLS

3

months

EXPEDITION

**2 days
1 night**

Plus a further 3 months in either the
Volunteering, Physical or Skills section.

Volunteering section

Take action and make a difference to the causes you care about

Help others and change things for the better



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Volunteering ideas

- Student leaders
- Fundraising
- Dance leaders
- Helping students to read in library



Physical section

Take part in whatever
dance, sport or fitness
activity you would like

Get fitter and have fun
along the way!



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Physical ideas

- Dance
- Team sports, example football, rounder's etc
- Marshal Arts
- Swimming
- Ice skating



Skills section

Devote yourself to improving your skills in the things you love to do

Discover new passions and develop talents you didn't know you had



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Skills ideas

- Fishing
- Go-karting
- Chess
- Reading
- Film making
- Cake decoration
- Photography
- Playing instruments
- Singing



Expedition

Explore the great outdoors
and spend a night away
from home

Create memories that
will last a lifetime



**YOUTH
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Your Welcome Pack and eDofE

