

Rigby Hall School Menu 2011/2012

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 05/03/2012 26/03/2012	<i>Meatballs in tomato sauce</i> or <i>Hotdog with pasta, broccoli & sweetcorn</i> --0-- <i>Cookies & milkshake</i>	<i>Chicken casserole with crusty bread</i> or <i>Sausage, mashed potato, baked beans & peas</i> --0-- <i>Peaches & cream</i>	<i>Roast beef & yorkshire pudding, roast potatoes, cauliflower & swede</i> or <i>Cheese salad wrap, herby potatoes & coleslaw</i> --0-- <i>Dairylea, crackers & grapes</i>	<i>Macaroni cheese with mixed vegetables & garlic bread</i> or <i>Chilli con carne & rice</i> --0-- <i>Banana & custard</i>	<i>Fish portion or quorn burger with chips, mushy peas or spaghetti hoops</i> --0-- <i>Lemon & lime jelly</i>
Week 2 20/02/2012 12/03/2012	<i>Sausage roll, coleslaw, jacket potato & sweetcorn</i> or <i>Cheese & ham pasta, chopped tomato & peas</i> --0-- <i>Sponge cake & pink custard</i>	<i>Mince beef & onion pie, carrots & green beans</i> or <i>Gammon ham, salad, grated carrot & herby diced potatoes</i> --0-- <i>Cherry shortbread</i>	<i>Roast pork & apple sauce, broccoli, cabbage & new potatoes</i> or <i>Jacket potato with chilli & crusty bread</i> --0-- <i>Strawberry smoothie</i>	<i>Beef korma, rice & naan bread</i> or <i>chicken burger, pasta, cherry tomatoes & cucumber</i> --0-- <i>Cranberry flapjack</i>	<i>Roast chicken fillet or fishcake with potato wedges, sweetcorn & mixed vegetables</i> --0-- <i>Chocolate marble cake</i>
Week 3 27/02/2012 19/03/2012	<i>Tomato & herb pasta bake, peas & garlic bread</i> or <i>Chicken tikka, rice & naan bread</i> --0-- <i>Pineapple upside down cake</i>	<i>Sausage casserole with crusty bread</i> or <i>Cheese & bacon quiche, potato croquettes & coleslaw</i> --0-- <i>Butterscotch delight</i>	<i>Roast turkey & stuffing, potatoes, carrots & green beans</i> or <i>Jacket potato with baked beans & cheese</i> --0-- <i>Mandarins & yogurt</i>	<i>Cheese & onion pizza with cubed potatoes & baked beans</i> or <i>Shepherds pie, broccoli & sweetcorn</i> --0-- <i>Chocolate rice pudding</i>	<i>Fish fingers or lasagne with new potatoes, salad, peas & crusty granary bread</i> --0-- <i>Apple crumble & custard</i>

There will be a vegetarian option on a daily basis and yoghurt or fresh fruit alternatives for dessert.

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