

## But how safe are you online?

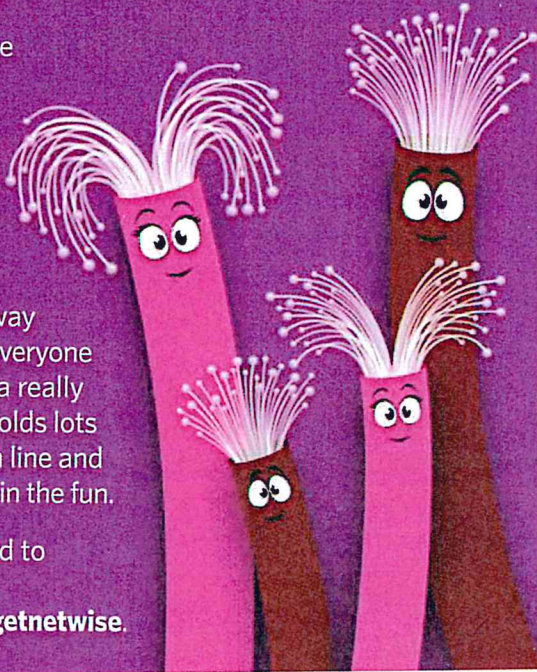
How secure is the information you share and do you really know who you are sharing it with? How does your behaviour affect other users and are you aware of the consequences of your actions?

Here at Superfast Worcestershire we want to ensure that the benefits of using broadband are positive and our Fibre Friends are here to help and make sure that the time you spend online is fun and above all safe for you and all the family.

Fibre Friends will be whizzing their way around Worcestershire encouraging everyone to GetNetWise. They have created a really exciting and useful webpage which holds lots of information on how to stay safe on line and would love you to take a look and join in the fun.

Our Fibre friends are looking forward to seeing you so log on now at:

[www.superfastworcestershire.com/getnetwise](http://www.superfastworcestershire.com/getnetwise).



## Find out more

[www.superfastworcestershire.com/getnetwise](http://www.superfastworcestershire.com/getnetwise) contains more information about online safety and the deployment of fibre broadband in Worcestershire.

If you think you are in danger of being abused online, or have been already, log on to [www.ceop.police.uk](http://www.ceop.police.uk) and report it online.

[www.superfastworcestershire.com/getnetwise](http://www.superfastworcestershire.com/getnetwise)

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## Learn more about superfast broadband and how to stay safe online

### Superfast Broadband - are you NetWise?

Superfast broadband gives you quick and easy access to all the entertainment you could want like getting up to speed on the weeks TV with catch up services like BBC iPlayer & 4OD. You can stream movies instantly using services like Netflix, or download HD films in minutes. Upload your school course work and research for those all important assignments in seconds with a fast, reliable connection.

If you are a keen gamer, then the blistering speed makes it an ideal partner for playing uninterrupted against opponents from around the world. You can download tunes for your holiday or party playlist in an instant while you simultaneously upload and share photos and videos of those special moments with your friends.

Visit us at: [www.superfastworcestershire.com/getnetwise](http://www.superfastworcestershire.com/getnetwise)

Find out how to stay safe online with Fibre Friends



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## Top Tips for parents: keeping your children safe online

- **Talk to your child** about what they're up to online. Find out what sites they visit and what they love about them, if they know you understand they are more likely to come to you if they have any problems.
- **Set boundaries** and think about what children might see, what they share, who they talk to and how long they spend online.
- Keep all equipment that connects to the internet in a family space. For children of a younger age, it is important to keep **internet use in family areas** so you can see the sites your child is using and be there for them if they stumble across something they don't want to see.
- **Know what connects to the internet** and how. Make sure you're aware of which devices your child uses to connect to the internet, such as their phone or games console. Also, find out how they are accessing the internet - is it your connection, or a neighbour's wifi? This will affect whether the safety settings you set are being applied.
- **Use parental controls** on devices that link to the internet, such as the TV, laptops, computers, games consoles and mobile phones. They are not the answer to your child's online safety, but they are a good start and they are not as difficult to install as you might think.
- **Emphasise that not everyone is who they say they are.** Make sure your child understands that they should never meet up with anyone they only know online without taking a trusted adult with them.
- **Know what to do if something goes wrong.** It is important to know when and how to report any problem. Look on the website below to find out more.

## How to stay safe online: Top tips for children and young people

# S

### Safe:

Keep safe by being careful not to give out personal information when you're chatting or posting online. Personal information includes your email address, phone number and password.

# M

### Meet:

Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' or carers' permission and even then only when they can be present. Remember online friends are still strangers even if you have been talking to them for a long time.

# A

### Accepting:

Accepting emails, IM messages, or opening files, images or texts from people you don't know or trust can lead to problems - they may contain viruses or nasty messages!

# R

### Reliable:

Someone online might lie about who they are and information on the internet may not be true. Always check information by looking at other websites, in books or with someone who knows. If you like chatting online it's best to only chat to your real world friends and family.

# T

### Tell:

Tell a parent, carer or a trusted adult if someone, or something, makes you feel uncomfortable or worried, or if you or someone you know is being bullied online.